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Making Healthy Food ChoicesMaking Healthy Food Choices POWER POINT PRESENTATION: How To Read The Nutrition Facts Label ESTIMATED TIME: 60 Minutes MATERIALS NEEDED: PowerPoint Presentation, Real Food Labels (or Empty Boxes) From Items Such As Granola Bars, Cereal, Or Juice Boxes HANDOUTS NEEDED: Nutrition Facts Label Portion Guide GAMES & ACTIVITIES: 10th,

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