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### **SHITO-RYU KARATE DO KOFUKAN KARATE AUSTRALIA**

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### **GojuRyu Karate Terms And Kanji - Home - Seitou Ryu Karate**

Ku “Koo” (as In The Word “cookoo”) Kumite Ke “Keh” (as In The Word “kept”) Ken Or Uke Or Kake Ko “Koh” (as In The Word “Cocoa”) Kohai Kya “Keeyah” Kyakkō Kyu “Keeyu” (as In The Word “Cute”) Kyuk Mar 6th, 2024

### **Karate Do Dynamic Karate By Mario Masberg Masatoshi ...**

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### **CHITO RYU KARATE Chito Ryu Karate Do**

Chito-ryu Karate-Do Published In The Interest Of Chito-ryu Karate By The U.S. Hombu TSURUOKA MASAMI - 10th DAN On May 13th, 2006 Masami Tsuruoka Was Awarded 10th Dan By The Technical Committee Of The National Karate Association Of Canada By The President Sebastian Apr 5th, 2024

### **Shaolin Kempo Karate The History Of Shaolin Kempo Karate**

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### **Mark E. Colgan Current Karate Rank: 5 Dan Shuri Ryu, 6**

2006 - 2007 USKA National Point Champion In Black Belt Men Kata (forms) And Kobudo (weapons). 2007 USKA All-American USKA World Champion In Black Belt Men Kata (forms) 2008 . The List Above Is Not Complete, Keeping Track Of Personal Accolades Has Never Been My Motivation For Competition, However, As A Competitor, I Have Placed In Top 3 In Every USKA & PKC Tournament I Have Participated In ... Jan 5th, 2024

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### **Shito-ryu Karate-do Kofukan Training Guide**

Shito-ryu Karate-do Kofukan Training Guide 8th Kyu Senior Stances Zenkutsu Dachi (long Fighting Stance) Musubi Dachi (fig.1) Heiko Dachi (fig.2) Punches Jodan Oizuki - Front Hand Punch To Face (between Nose And Top Lip) Chudan Oizuki - Front Hand Punch To Solar Plexus) Gedan Oizuki - Front Hand Punch To Below Naval Jan 1th, 2024

### **TANI-HA SHITO-RYU KARATE-DO KOFUKAN SLOVENIJA**

TANI-HA SHITO-RYU KARATE-DO KOFUKAN SLOVENIJA Glavni Inštruktor: Anton Maruša, 6.DAN, Novo Celje 6, 3301 Petrovče, Slovenija, T/F: +386 (0) 3 5707 188 Jan 9th, 2024

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