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### **NASM-CPT APPROVED REFERENCES**

NASM Essentials Of Personal Fitness Training, 6th Edition 2. NASM Essentials Of Personal Fitness Training, 5th Edition 3. ACSM's Resource For Personal Trainers, 4th Edition 4. ACE Personal Trainer Manual, 4th Edition 5. Trail Guide To The Body, 5th Edition (Biel) 6. The Fundamentals For The Certified Personal Trainer, 6th Edition (NFPT) 7. Feb 4th, 2024

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Nasm Manual. The Options Of Particular Interest To Us  
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The Executable And Linking Format (ELF). Nasm Is Jan  
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### **NASM — The Netwide Assembler**

2.1.21 The --prefix And --postfix Options. . . . . May 3th, 2024

### **Damien Clement, Ph.D., ATC, CC-AASP, NCC, NASM-PES**

Applied Exercise Psychology: The Challenging Journey From Motivation To Adherence. Clement, D ., & Arvinen-

Barrow, M. (2013). Sport Me Feb 2th, 2024

### **Introduction To NASM Programming**

Asm\_io.asm And Asm\_io.inc The “PC Assembly Language” Book Comes With Many Add-ons And Examples Downloadable From The Course’s Web Site A Very Useful One Is The I/O Package, Which Comes As Two Files: Asm\_io.asm (assembly Code) Asm\_io.inc (macro Code) Simple To Use: Assemble Asm Feb 1th, 2024

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