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Fitness Schedule - Fitness Forum - Fitness ForumBeast Spinning New Body Cardio (30 Min) Spinning Zumba Gutts 'n Butts (30 Min) Fun And Friendly Fitness Total Body Workout Zumba & Drums Timemondaytuesday Wednesday Thursday Friday Yoga 11:15 Am Yoga 10:45 Am Yoga 11:15 Am 6:15 6:30 6:30 9:00 9:15 8:00 Yoga Yoga Tank Top Arms (30 Min) 10:30 Am Rock Bottom (30 Min) Hot Yoga Poolside Monday To ... 11th, 2024  
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Group Fitness Instructor Position DescriptionGroup Fitness Instructor Will Be Evaluated On Their Performance Each Semester. The Staff Evaluation Process Consists Of A Self-evaluation, Peer Evaluation, And ... 6th, 2024.

GROUP FITNESS INSTRUCTOR PREP COURSEFrom Student To Instructor, This Course Provides Important Knowledge Related To The Human Body And Fitness, As Well As Prepares Students For The Communication And Instruction Skills Th 12th, 2024  
Campus Recreation – Group Fitness Instructor DepartmentGroup Fitness Instructor . Hours Per Week: Varies . Classification: Undergraduate Or Graduate Or OPS (Non-Student) Job 4th, 2024  
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Job Title: Group Fitness InstructorInstructional Programs Coordinator And/or Assistant Director Of Fitness. \*\* Must Have Established Experience Teaching ( 5th, 2024  
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Group Fitness InstructorThe Instructor's Weekly Hours Will Vary Depending On The Set Group Fitness Schedule. Application Procedure Candidates Should Submit The Online Application Along With Their Resume, Indicating They Are Applying For The Group Fitness Instructor Posi 1th, 2024  
ACE Group Fitness Instructor University CurriculumACE Group Fitness Instructor University Curriculum Chapter 7: Exercise And Pregnancy . Learning Objectives Upon Completion Of This Chapter, You Will Be Able To: Discuss The Benefits, Contraindications, And Risk ... 8th, 2024  
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Group Instructor Wellness Fitness - Bloomington-Normal YMCA1. Required Certifications: CPR, First Aid, AED, National Certification (ACE, NETA, AFAA, NASM) In Group Fitness Instruction Or YMCA Foundations Of Group Exercise Certification. 2. Certification In Areas Of Expertise. 3. YMCA Healthy Lifestyles 5th, 2024.

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