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• Indian Black Salt (kala Namak) (optional) • Bread, Tomato, Lettuce, Or Other Desired Sandwich Fixings  
1. Wrap The Tofu In A Paper Towel, Then A Clean Dish Towel. Press By Leaving Between Two Heavy Pots For About 10 Minutes. Replace The Soaked Dish Towel With Another Dry Towel And Press For Another 5 Minutes.  
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